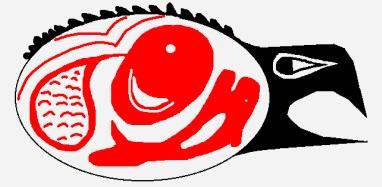


NATIVE PEOPLE OF THUNDER BAY DEVELOPMENT CORPORATION



FALL / WINTER INFORMATION FOR TENANTS 2023

CELEBRATING 50 YEARS OF HELPING TO
HOUSE NATIVE FAMILIES... SINCE 1973

NPTBDC 2024 Calendars available — pick up your free copy while supplies last

OFFICE HOLIDAY CLOSURES:

NOV 13 - Remembrance Day
(in lieu of Saturday November 11)

DEC 8 - Early close at 4:30pm

DEC 15 - Early close at 2:00pm

DEC 22 - Early close at 3:30pm

DEC 25 - Christmas Day closed

DEC 26 - Boxing Day closed

DEC 27 through 29 - Closed

JAN 1 - New Years Day closed



DID YOU KNOW... the number of noise complaints triple during the holiday season

As we head into the holiday season, the Corporation would like to remind all our Tenants to please be courteous and respectful of all your neighbours and make sure that any guests or visitors to your home do the same.

General Noise Prohibition states: it is an offence for a person to make, cause or permit the making of noise with in Thunder Bay that is likely to disturb the inhabitants of the City of Thunder Bay.

Please remember that:

- persistent noise is prohibited at all times (24 hours a day)
- yelling, shouting, and loud voices are prohibited daily from 11:00 p.m. to 7:00 a.m. (9:00 a.m. on Sundays)

older adults

1 out of 3
will fall each year

falls leading cause of both fatal and nonfatal **INJURIES**

20-30%
who fall suffer moderate to severe injuries

PREVENT SERIOUS FALLS

- Wear shoes or boots with rubber soles.
- Always use handrails; turn lights on.
- Keep your porch, deck, walkways, and driveway clear of snow and ice.
- Limit walking to areas that have been cleared.
- Take shorter steps; keep hands free.
- Slow down.
- Be careful when getting into the car.
- Use your cane, walker or other assist device; walk with someone.
- If there is carpet, stay on it whenever you can.

Mission Statement:

The Native People of Thunder Bay Development Corporation is committed to providing safe and affordable housing to low-income Aboriginal families and Seniors living in the city of Thunder Bay.

Aims and Objectives:

To promote the economic and social welfare of low income persons of Aboriginal descent.

To establish, maintain and operate affordable housing for people of low income as defined by the National Housing Act.

To inform the public of the need for affordable housing.

Office located at:
230 Van Norman Street
Thunder Bay, ON. P7A 4B8

Reminder—Calendar Parking returns in the city starting November 15th

CHECK AND REPLACE YOUR FURNACE FILTERS

Now is the time to change those filters, it's recommended to be done once a month during colder months. If you need furnace filters, please call our office Maintenance Department with the size.

DID YOU KNOW...

Statistically, furnace rooms are the most neglected area in the home despite the fact that they house vital equipment.

WINTER COLD AND STORMS ARE NO JOKE!

Winter weather conditions in Canada can quickly become dangerous with little or no warning. Winter storms and excessive cold claim over 100 lives each year in this country. That is more than the combined number of deaths caused by floods, hurricanes, tornadoes, extreme heat and lightning each year.

DID YOU KNOW ?



- COLD WEATHER PUTS A STRAIN ON YOUR HEART, EVEN WITHOUT EXERCISE.
- BE CAREFUL WHEN SHOVELING SNOW, PUSHING A CAR OR OTHER EXERTION.
- REGARDLESS OF YOUR AGE OR PHYSICAL CONDITION, AVOID OVEREXERTION IN THE WINTER.

WINTER FUN FACTS

Largest recorded Snowman

The tallest known snowman was 122 feet tall.. that's higher than a 12-story building.

Scotland has OVER 400 words for "snow"!

Some examples: *sneesh* (to start raining or snowing); *feefle* (to swirl); *flinkdrinkin* (a light snow).

Winter increases your appetite

Do you find that you're hungrier when it's cold outside? Well, that's because, when it's cold, your body needs to work harder to keep your temperature at a comfortable level, which requires more energy to burn.

Niagara Falls was frozen?

It was so cold in February 2015 that Niagara Falls froze over! According to the Great Lakes Environmental Research Laboratory, Lake Erie was 97% frozen, and the rest of the lakes iced over at 85%, which attracted a lot of tourists to Niagara... despite the negative 23 degree weather.

Snow can be different colours

Most people believe that snow is white - or gray after it gets dirty - but, snow can be a variety of colours. In fact, according to The Old Farmer's Almanac, snow is actually colourless, and it's dust or algae that can make it appear purple, orange, or green.

HOLIDAY SEASON TIME AWAY AND VISITORS/GUESTS

If you are going to be away for the holidays and your home will be vacant for more than 3 days in a row, you must inform our office - call and speak with either Maintenance or the Tenant Relations Worker assigned to your unit.

Please remember, as part of your lease agreement, you are not allowed to sublet your unit and holiday season visitors or guests are not to stay longer than 10 days without the prior permission of the Corporation.

Do not invite theft or vandalism by leaving your home unattended or unlocked. Ask a close friend or family member to check your unit on a regular basis.

Arrange to have your driveway and walkways cleared of snow by a friend or family member. Snow removal services may be completed by our office with advanced notice, however please be reminded that it will be charged back to your household ledger for you to pay.

"The contents of this Newsletter does not express any opinions by Native People of Thunder Bay Development Corporation, its officers, agents or employees, for or against anyone in particular; but it is merely intended to provide information to its readers."