

NPTBDC INDIGENOUS HOUSING

(previously Native People of Thunder Bay Development Corporation, "Native Housing" and known as "the Corporation")

2024/25 FALL & WINTER INFORMATION FOR TENANTS



NPTBDC IHP 2025 Calendars available, pick up your free copy while supplies last

DID YOU KNOW... *the number of noise complaints triple during the holiday season*

As we head into the holiday season, the Corporation would like to remind all our Tenants to please be courteous and respectful of all your neighbours and make sure that any guests or visitors to your home do the same.

General Noise Prohibition states: it is an offence for a person to make, cause or permit the making of noise within Thunder Bay that is likely to disturb the inhabitants of the City of Thunder Bay.

Please remember that:

- continuous or persistent noise is prohibited at all times (24 hours a day)
- yelling, shouting, and loud music or activities are not allowed between 11:00 p.m. to 7:00 a.m. (9:00 a.m. on Sundays)



TENANTS, PAYING YOUR RENT JUST BECAME EASIER!

Contact your Tenant Relations Worker for more information and to sign up today!

WINTER FUN FACTS

Largest recorded Snowman..
The tallest known snowman was 122 feet tall.. that's higher than a 12-story building.

Winter will increase your appetite..
Do you find that you're hungrier when it's cold outside? Well, that's because when it's cold, your body needs to work harder to keep its temperature at a comfortable level, which means it requires more energy (i.e. food) to burn.

Niagara Falls was frozen?..
It was so cold in February 2015 that Niagara Falls froze over! According to the Great Lakes Environmental Research Laboratory, Lake Eerie was 97% frozen, and the rest of the lakes iced over at 85%, which still attracted a lot of tourists to Niagara Fall despite the extra cold weather.

Snow can be more colours than just white..
Most people believe that snow is white - or gray - after it gets dirty - but, snow can be a variety of colours. When in fact, according to The Old Farmer's Almanac, snow is actually colourless, and it's dust or algae that can make it appear green, orange, or even purple.

DID YOU KNOW ?



- **COLD WEATHER PUTS A STRAIN ON YOUR HEART, EVEN WITHOUT EXERCISE.**
- **BE CAREFUL WHEN SHOVELING SNOW, PUSHING A CAR OR OTHER EXERTION.**
- **REGARDLESS OF YOUR AGE OR PHYSICAL CONDITION, AVOID OVEREXERTION IN THE WINTER.**

CHECK AND REPLACE YOUR FURNACE FILTERS

Now is the time to change those filters, it's recommended to be done once a month during the colder months. If you need furnace filters, please contact our office Maintenance Clerk with the size.

DID YOU KNOW...?

Statistically, furnace rooms are the most neglected area in the home despite the fact that they contain vital equipment for your household.

older adults

1 out of 3
will fall each year

falls leading cause of both fatal and nonfatal **INJURIES**

20-30%
who fall suffer moderate to severe injuries

PREVENT SERIOUS FALLS

- Wear shoes or boots with rubber soles.
- Always use handrails; turn lights on.
- Keep your porch, deck, walkways, and driveway clear of snow and ice.
- Limit walking to areas that have been cleared.
- Take shorter steps; keep hands free.
- Slow down.
- Be careful when getting into the car.
- Use your cane, walker or other assist device; walk with someone.
- If there is carpet, stay on it whenever you can.

WINTER COLD AND STORMS ARE NO JOKE!

Winter weather conditions in Canada can quickly become dangerous with little or no warning. Winter storms and excessive cold claim over one hundred (100) lives each year in this country. That is more than the combined average number of deaths caused by floods, hurricanes, extreme heat and lightning each year.

AWAY FOR THE HOLIDAY SEASON AND GUESTS

Reminder for our Tenants:

If you are going away during the holiday season and your home will be vacant for more than two (2) days in a row, you must inform our office - call or email the Tenant Relations Worker assigned to your rental unit or our office Maintenance Clerk.

Please remember, as part of your lease agreement, you are not allowed to sublet your unit and all holiday season visitors or guests are not permitted to stay longer than ten (10) days in a row without the prior permission from our office.

Do not invite theft or vandalism by leaving your home unattended or unlocked. Ask a close friend or trusted family member to check your home on a regular basis and collect your mail.

Arrange to have your driveway and walkways cleared of snow and ice by a friend or family member. Snow removal services may be completed by our office with advance notice, however, please be reminded that these services will be charged back to your household ledger for you to pay.

Energy saving tip: lowering the temperature in your home while away will save you money. Please make sure not to turn off the heat, only lower it to a minimum of 65 degrees Fahrenheit or 19 degrees Celsius.



NEW OFFICE LOCATION:

106 Cumberland St. N.
Suite #201
Thunder Bay, ON.
P7A 4M2

OUR MISSION

Provide safe, affordable, quality homes and economic empowerment opportunities for Indigenous peoples.

OUR VISION

That every Tenant in a NPTBDC Indigenous housing unit has a good home where their Indigenous culture is promoted and they are proud to live, work, and play.

"The contents of this Newsletter does not express any opinions by NPTBDC Indigenous Housing, its officers, agents or employees, for or against anyone in particular; but is merely intended to provide information to its readers."