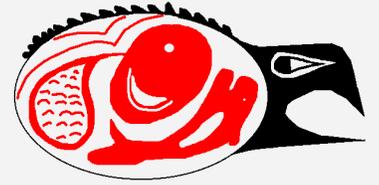


# NATIVE PEOPLE OF THUNDER BAY DEVELOPMENT CORPORATION

Fall/Winter Newsletter 2021



HELPING TO HOUSE NATIVE FAMILIES  
SINCE 1973

**2022 Calendars are now available in office, pick up your FREE COPY today!**

## STAFF CHANGES

Yvette Boylan, Maintenance Clerk (New)  
Myrna Michon, Maintenance Clerk (Retired June 30, 2021)

## BOARD MEMBERS

Ramona Thompson, President  
Ann Czepky, Vice President  
Gabriel Donio, Director  
Mary Zoccole, Secretary/Treasurer

## UPCOMING OFFICE CLOSURES:

OCT 11 Thanksgiving Day  
NOV 11 Remembrance  
Day



*Remember to turn back  
your clocks on NOV 7th  
when Daylight Savings  
Time ends*

## MICE AND RAT CONTROL TIPS FOR THE WINTER MONTHS

Mice or rats are **more likely to invade your home in the winter**. Once the temperature drops, rodents have difficulty finding reliable food sources outdoors. During this period, they will search for warmth, shelter and food in your home away from the cold, rain and snow.

**Here are a few rodent control tips:**

### Eliminate possible points of entry

Mice and rats can squeeze through incredibly tight spaces. Therefore, to make it difficult for them to enter your home, you should seal any openings that are more than a quarter-inch in size. Look for gaps around windows, doors or dryer vents and cracks in the building's foundation or loose sidings.

### Keep your kitchen clean and tidy

If you leave food scraps lying around in your kitchen, you will attract mice, rats and other pests. You should also keep pet food and other dried goods in tightly sealed metal or glass containers that rodents cannot chew through.

### Investigate your landscaping

Rats and mice may gain access to your attic or eaves by climbing onto tree branches hanging close to your roof. That is why you should be sure to keep trees and shrubs trimmed as the winter approaches.

### Make your home less appealing to rodents

Secure garbage in containers with tight-fitting lids and place them away from your home. Do not store wood piles against the building's foundation and remove unused clutter from around the house and shed, as these all provide cozy nesting sites for rodents.

**If you think you may have an infestation of mice or rats, call the office and speak with the NPTBDC Maintenance Department or Tenant Relations Worker assigned to your rental unit.**

## NPTBDC Aims and Objectives

- To promote the economic and social welfare of persons of Native descent;
- To establish, maintain and operate low-income housing;
- To inform the public of the need for low-income housing.



Office located at:  
230 Van Norman Street  
(807) 343-9401  
[www.nptbdc.org](http://www.nptbdc.org)

## DID YOU KNOW?

Statistically, furnace rooms are the most neglected area in the home despite the fact they house vital equipment.

## FURNACE SAFETY TIPS

Furnaces and hot water tanks/heaters are powered by electricity or natural gas, so it's important that there's enough space for proper ventilation, maintenance or in case of emergency repair work.

DO keep the furnace room floors and the area around furnace equipment free of debris, boxes or clutter and don't lean anything against the furnace (or water heater).

DON'T place kitty litter near your furnace – ammonia fumes from the litter can corrode the furnace heat exchanger and odours can circulate throughout your home.

DO keep a flashlight nearby in case of power failure and ensure burnt light bulbs are replaced.

DON'T leave any combustibles near or around the furnace or hot water tank. Make sure to also keep cleaning or laundry products away from these areas.

DO change your furnace air filters regularly – dust particles can build up on the furnace's filter and reduce efficient airflow and heating capabilities.



## RECYCLING FOR A CLEANER FUTURE

Right now around 80% of municipal waste in Canada ends up being dumped in a landfill. Those landfills account for 38% of Canada's methane emissions. It also costs over \$1.5 billion each year just to throw out the trash in the landfill. In other words, we're paying a lot of money to generate a lot of methane!

### Recycling is as easy as 1, 2, 3:

1. See-through plastic blue bag for paper: newspapers, flyers, junk mail, magazines, paperbacks, fine paper, paper food and beverage cartons (egg cartons), boxboard such as cereal boxes. Cardboard must be flattened.
2. Bundles of cardboard: large cereal boxes, shoeboxes, clean delivery boxes, tied securely with twine.
3. See-through plastic blue bag for containers: pop cans, milk cartons, juice boxes, metal cans, all #1 and #2 plastic containers (e.g. drink bottles, soap bottles, salad and fruit containers), glass bottles and jars. Containers must be rinsed of any liquid or food residue.

Please check your Garbage and Recycling calendar for other rules, restrictions and collection.

Source: [www.thunderbay.ca/recycle](http://www.thunderbay.ca/recycle)

## FALL & WINTER FUN FACTS

Scotland has over 400 words for "snow"!

Some examples: *sneesl* (to start raining or snowing); *feefle* (to swirl); *flinkdrinkin* (a light snow).

Kleenex tissues were originally intended for gas masks

When there was a cotton shortage during World War I, Kimberly-Clark developed a thin, flat cotton substitute that the army tried to use as a filter in gas masks. The war ended before scientists perfected the material for gas masks, so the company redeveloped it to be smoother & softer, then marketed Kleenex as facial tissue instead.

Turkeys can Blush?

When turkeys are scared or excited—like when the males see a female they're interested in—the pale skin on their head and neck turns bright red, blue, or white.

How much do you like pumpkin pie?

According to the Guinness World Records, the largest pumpkin pie ever weighed in at nearly 3700 pounds and measured 20 feet in diameter!

Coldest inhabited area on Earth?

Located in Russia, the remote village of Oymyakon has average winter temperatures of -50C!

Winter increases your appetite

Do you find that you're hungrier when it's cold outside? Well, that's because, when it's cold, your body needs to work harder to keep your temperature at a comfortable level, which requires more energy to burn.

"The contents of this Newsletter does not express any opinions by Native People of Thunder Bay Development Corporation, its officers, agents or employees, for or against anyone in particular; but it is merely intended to provide information to its readers."